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Topic: Daily schedule in the Forest class

Daily schedule – Forest class¹

07:30 – 08:30	Arrival at nursery, free play (communication and games with the teacher, talking about what we did / experienced yesterday)
08:30 – 08:40	Communication circle (greetings, greeting rhymes, determining the weather, days, seasons). Regularly in English
08:40 – 09:00	Exercise (warm-up run, stretching, including movement rhymes, faster active part + slower part). Practising new gross motor skills, calming down + group sports game (regularly also in English)
09:00 – 09:15	English (may be moved to the garden or to another time according to the weekly activity schedule) + guided activity (art, music, pre-mathematical concepts, vocabulary development, speech therapy prevention, nature, development of graphomotor skills...)
09:15 – 09:30	Snack
09:30 – 10:00	Guided activity, educational activities
10:00 – 11:30	Outdoor time, free play in the garden, conversations with native speaker in English
11:30 – 12:00	Lunch
12:00 – 12:30	Hygiene, preparation for sleep, practising self-care
12:30 – 14:00	Rest on beds with reading of selected fairy tales from various books
14:00 – 15:00	Waking up, talking about what we dreamed about, changing clothes
15:00 – 15:20	Snack
15:20 – 15:30	Free play in the classroom, conversations with native speaker in English
15:30 – 16:30	Clubs, educational activities, Tuesday “individual sessions”
16:30 – 17:30	Free play in the classroom or in the garden

¹ Times are only approximate; they always depend on the day, the season, the topic of the given month and the chosen activity. The schedule also includes individual preparation for children with DNT (different native language) according to Maxik Nursery's unique methodology (see www.orMaxInfo), i.e. children who do not have Czech as their mother tongue.